



HOW DO I GET IT?

The first step is to enquire with our friendly Senior Practitioner for Psychology (Tina).

You can reach her by phoning our head office or emailing.

Contact

☎ 03 5275 8627

✉ therapy@libertydisabilityservices.com.au

📍 1-3 Agra St, Norlane Vic 3214



ASSESSMENTS

We wholeheartedly embrace Neurodiversity and those with diagnoses such as Autism & ADHD. Should you wish to access support with understanding or managing symptoms that may be associated with these diagnoses, our talented team of therapists can assist you.

OUR PSYCHOLOGISTS ARE AVAILABLE FOR ASD & COGNITIVE ASSESSMENTS



PSYCHOLOGY

NO WAITLIST



Liberty Disability Services



ABN 35 625 740 329

THE IMPORTANCE OF PSYCHOLOGY



Seeing a Psychologist can benefit you in a number of ways. It allows you to access a safe and comfortable space to explore your thoughts, feelings, worries and anything else that you might like to discuss in a private and confidential space.

A Psychologist is there to support you with improving your mental health and walk alongside you in navigating difficult times in your life



WHO NEEDS IT?

Anyone can benefit from seeing a Psychologist at some time in their lives - looking after our mind is an incredibly important part of our overall well being and our team of friendly therapists are there to support you with their non-judgemental and caring approach.

PEOPLE COME TO SEE A PSYCHOLOGIST FOR A RANGE OF MENTAL HEALTH CONCERNS AND DIFFICULT LIFE CIRCUMSTANCES. SOME EXAMPLES INCLUDE:

- **ANXIETY**
- **DEPRESSION**
- **PERSONALITY DISORDERS**
- **BIPOLAR**
- **SCHIZOPHRENIA & PSYCHOTIC ILLNESSES**
- **TRAUMA**
- **GRIEF**
- **SUBSTANCE USE**
- **DOMESTIC VIOLENCE**
- **FAMILY/RELATIONSHIP ISSUES**
- **SCHOOL/WORK DIFFICULTIES**
- **DIFFICULTY MANAGING ANGER/REGULATING EMOTIONS**



ACCESSING PSYCHOLOGY

To access Psychology with an NDIS plan, you will need funding under the Capacity Building category - Improved Daily Living. You can also access Psychology from Core funding under some circumstances.

Please note that we also see client's who are non-NDIS funded and will accept private payment or third party payment arrangements i.e. Victims of Crime, DFFH.

We also have a Counsellor/Group Therapist available for our clients who wish to access this support. Funding can be taken from either Capacity Building or Core if NDIS, otherwise private and third party payment is also accepted.



REGISTERED
NDIS
PROVIDER