



Liberty Disability Services

People. Options. Power

Support Coordination:

**how it works
and how it
can benefit
your NDIS
journey**

Understanding how to best use your NDIS plan can often feel overwhelming.

With so many options, services, and decisions to make, it's super common to feel unsure about what to do next.

Thankfully, that's where Support Coordination comes in, and it can be a game changer!

Liberty Disability Services is here to make your NDIS journey clear, stress-free and empowering.

In this blog, we'll explain how Support Coordination works, how a Support Coordinator can assist you, and how it can truly benefit your life.

So, what is Support Coordination?

Support Coordination is a type of Capacity Building support funded through the NDIS that helps you understand, utilise, and make the absolute most of your NDIS plan.

A Support
Coordinator helps
you to:

- Understand how
your NDIS plan
works
- Connect you with
the right disability
services/providers

A Support
Coordinator helps
you to:

- Build your confidence, independence and knowledge.
- Work towards your goals

Overall, a Support Coordinator is your go-to person for finding the right supports that empower you as a unique person, and reach your goals.

They answer your questions, provide guidance, structure and support every step of the way.

How does Support Coordination work?

Support Coordination is all about turning your NDIS plan into real, meaningful outcomes.

Here's how it usually works:

1. Understanding your NDIS plan

Your Support
Coordinator will sit
down with you and
go through your
plan in plain, easy-
to-understand
language.

They'll help you understand:

- What funding you have
- What supports you can access
- How to use your funding effectively

2. Connecting you with the right services

There are many
disability services
out there, but
finding the right
ones can be tricky!

Your Support Coordinator will:

- Recommend trusted providers
- Help you compare options
- Make referrals for services

- Budget your supports to ensure you have everything you need

This means you're not alone trying to figure everything out.

3. Building your independence

Support Coordination isn't just about helping you now, it's about working with you to build your skills for the future, so that your independence and knowledge grows!

Your Support
Coordinator will
support you to:

- Make your own choices
- Build skills to managing your supports
- Develop problem-solving skills

The Support Coordinator's number one goal is to assist you in a way that supports your unique choices and preferences.

They work to ensure you feel more independent and in control of your NDIS journey.

4. Problem-solving and ongoing support

Things don't always
go to plan.

And that's okay!

Your Support Coordinator can help when:

- Services aren't meeting your needs
- You need to change providers
- You're unsure what to do next

They're a part of
your support
team, and will
help you navigate
challenges and
keep moving
forward.

How can Support Coordination benefit your NDIS journey?

We strongly believe the NDIS has a real value to the lives of people living with disability, but it can be an overwhelming system to navigate.

Support Coordination can make a HUGE difference in how you experience the NDIS, and how your journey unfolds.

Some ways Support Coordination can benefit your NDIS journey include:

Less stress and confusion

Instead of trying to figure everything out on your own, you have someone guiding you.

This reduces:

- Stress
- Feeling overwhelmed
- Uncertainty

Better use of your funding

Many people don't use their NDIS funding fully, often because they're unsure how.

A Support Coordinator helps you:

- Use your funding effectively
- Avoid wasted opportunities
- Access the supports you're entitled to

More choice and control

The NDIS is built around choice and control, and

Support

Coordination helps

you truly

experience that.

You'll be supported to:

- Choose the services that suit YOU
- Make informed decisions based on your goals and wants
- Stay in control of your supports

Stronger support networks

Support
Coordination helps
you build a
support team
around you.

This may include:

- Therapists
- Support workers
- Community programs
- Plan Managers (to pay those accounts)

Having the right people around you can make a BIG difference in your daily life.

Progress towards your goals

At the heart of each NDIS plan is the participants' unique individual goals, and a Support Coordinator works to help you achieve these!

Working with a Support Coordination helps you to:

- Stay focused on what really matters to you
- Track your progress
- Adjust supports as needed

Why choose Liberty Disability Services?

At Liberty Disability Services, we understand that every person's journey is different.

We respect this, and use these differences to guide how we support each person individually-empowering people to live their true, authentic selves.

We take the time to:

- Listen to you
- Understand your needs
- Tailor our services to suit you

Our approach is:

- Friendly and kind-hearted
- Clear and easy to understand
- Focused on YOU, your goals and wellbeing

We're not just here to provide services, we're here to work with you, for you.

Join a team that truly cares.

Contact Liberty Disability Services today to get started.

Is Support Coordination right for you?

If you have an NDIS plan, or are in the process of getting one, you might not be sure if you really need Support Coordination included.

If you're unsure, here are some reasons why Support Coordination might be the right choice for you:

- You feel unsure about how to use your NDIS plan, and want to learn more.
- You want help finding the right support services

- You need assistance managing multiple providers
- You want to build confidence and independence

If any of this sounds like you, you're not alone, and support is available!

If you are still feeling confused about support coordination, we're here to break it down in a way that suits you.

Our Support Coordination Team Leader can happily guide you to understand Support Coordination, and assist you getting started (if you choose to!)

Email

elisha@libertydisabilityservices.com.au

Take the next step in your NDIS journey

Your NDIS journey doesn't have to be confusing or stressful. Working with a Support Coordinator can be an incredibly valuable part of this journey, that allows you to make the absolute best use of your NDIS plan, and lead a fulfilling life that YOU want.

With the right Support Coordinator, you can:

- Feel supported in your choices
- Find the right support providers who you trust.
- Work towards your goals with clarity and confidence.

Support Coordination is more than just a service, it's a partnership.

With the right support,
your NDIS plan can open
doors to new
opportunities, greater
independence, and a
better quality of life.

And you don't have to do
it alone.

Let Liberty Disability
Services work with you, for
you.



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